

Officiating Attire Tips



- Have an extra shirt available in case of blood
- Wear a black undershirt (or compression) – prevents sweat stains on the shirt
- Wear black underpants – minimizes exposure of pants ripping
- Extra pair of pants in the event of rip or button breaks
- Compression shorts or pants is highly recommended – good for keeping body heat preventing muscle strains & fatigue
- Compression shorts/pants or flexible belt – keeps shirt tucked
- Extra pair of black socks – most common piece of attire forgotten
- Extra whistle in case of break
- Extra lanyard in case of break
- Needles is a must – let air out of ball if too much
- Athletic tape to mark coaching box where absent