

2011 NFHS Football Rules Changes

1-1-8	Administrative duties of game officials clarified.
1-5-1c(4)	Thigh guard standard revised.
1-5-3c(3) (NEW)	Eye shade restrictions adopted.
2-3-8	Chop block redefined.
2-6-1, 2; 3-5-8	Injury timeout conferences restricted to outside nine-yard marks.
3-5-10a-c	Provisions for removal of injured players standardized.
9-4-3k	Horse collar penalty enforcement clarified.
9-4 PENALTY	Enforcement spot for roughing the passer revised.
9-6-2	Illegal participation revised.
9-8-1g(3) (NEW)	Penalty added for violations of Rule 3-2-2.
Nine-, Eight- and Six-player	Removal of point differential note.

2011 EDITORIAL CHANGES

1-1-8, 9; 1-2-1 NOTE; 1-2-3b NOTE 2; 1-4-1; 1-5-1b(6)e and NOTE; 1-5-1b(7)e and NOTE; 1-5-1c(3, 5); 1-5-1e; 1-5-2a-c; 1-5-3a-c; 1-6-1, NOTE; 1-6-2 NOTE; 1-7 NOTE (NEW); Table 1-7; 2-16-2f; 2-20-1a-b; 2-26-4; 2-32-5a; 2-33-2; 2-41-9a; 3-1-5; 3-2-2; 3-3-6; 3-5-2c; 3-5-4; 3-5-7; 3-5-10a-c; 3-7-1; 5-1-3f; 6-1-4; 7-5-2ce; 7-5 PENALTY; Table 8-1; 8-2-2, 3; Table 9-3-6; 9-4-2; 9-4-8; 9-4 PENALTY; 9-5-1; 9-5-1f-g; 9-8-1; 9-8-1b-d; 9-8-1g(2); 9-8-11; 9-8-1 PENALTY; 10-1-2; 10-5-5; FOOTBALL PENALTY ENFORCEMENT; FUNDAMENTALS – III-1, IX-1, X-3; RESOLVING TIED GAMES – 5-3-1; NINE-, EIGHT- AND SIX-PLAYER RULES DIFFERENCES– Rule 2, Rule 7 (Six-Player); Penalty Summary.

NFHS Points of Emphasis

1. Concussions, Contact Both to and With the Helmet, and Helmet Technology and Proper Helmet Fitting

Michigan 2011 Point of Emphasis

- Coaching expectations during point differential games.
- Identifying and responding to athletes with concussion systems
- 7 on 7 competitions – only 7 players from any one school may compete on the field, not 8 on 8

2011 FOOTBALL

MHSAA Rules Interpretations & updates



1. Out of Season Principles
No Mandatory Activities
No School Transportation
School non-competition practice jerseys may be used
No School General Funds
2. Summer Competition Limits
 - Maximum 7 players engaged in on field competition (no more than 7 students grades 7-12 participating on field)
 - Maximum 7 days
 - Only Helmets and shoes allowed
 - These competitions with coach present are subject to the same travel limitations under Regulation II Section 6
3. Also See Out-Of-Season Coaching Alert
Preseason Down Time: August 1, 2011 for all fall sports, March 1 for all spring sports and 14 calendar days prior to the earliest start of practice for each winter sport, no open gyms, camps, or clinics which involve that sport shall occur at the school or be sponsored elsewhere by the school; and no intrasquad or intersquad competition between groups that resemble school teams (more than three students of grades 7-12 of the district) may occur at any location with any of that school district's personnel present.

Curriculum Courses: Interscholastic athletics are extracurricular and may not be part of any curriculum. If classes contain no content specific to an MHSAA tournament sport, they are allowed. If any subject matter specific to any MHSAA tournament sport is taught to students, instruction to every student during each trimester or semester shall include nearly equal attention to at least three different topics such as other sports, lifesaving, water safety instruction, CPR, officiating, sportsmanship and first aid, as well as fitness, general weight training and conditioning. Classes must be open to all students.
4. Summer Dead Period
Member schools shall designate a minimum of seven consecutive calendar days during the summer when school is not in session and after that schools last participation in an MHSAA tournament sport, and prior to August 1 when open gyms and conditioning programs (including weight training) are not permitted to be conducted on school premises or sponsored by the school at other facilities.

None of the 15 or 7 days of competition permitted in a coaches presence with more than three or seven students shall occur during this dead period.

Coaches may **NOT** provide coaching instruction to any students from the school district in which they coach during this period, except that non-school, organized baseball and softball practices or competitions regularly scheduled throughout the summer with school coaches and students from the same school district may continue without interruption (e.g. American Legion, etc.).
5. Online Services- Online tournament data collection, **score reporting after each game**, official's on-line registration and optional rules/mechanics exam. (Officials may choose to take a 30-question on-line rules/mechanics exam that is designed to foster education and rules knowledge. The results of the tests will be provided to assignment committees.)
[See 8-Player Football Rules and Field Diagram information on the football page of the MHSAA website.]
6. Sportmanship-Good Sporting Conduct
7. CAP-Coaches Advancement Program
8. May 2011, Information placed on Web site @ www.mhsaa.com
 - a) Suggestions for principals and football coaches
 - b) Information concerning football helmet warning labels
 - c) Hot weather hints
 - d) Suggestions for reducing head and neck injuries
 - e) Football helmet inspection check list
 - f) Catastrophic insurance coverage for the 2011-12 school year
 - g) MHSAA summer regulation changes regarding fall sports

Games may be played:

- After 12 separate days of practice for team (first 3 without pads), and not before 16 calendar days (Wed., Aug. 24, 2011).
- A school may not take part in a scrimmage with other schools until practice has occurred on nine separate days.
- Junior High/Middle School contest may not start before the first day of school, and after 12 separate days of practice. Earliest practice would be the fourth Monday of August (Aug. 29, 2011).

Monday, Aug. 8, 2011 – First allowable day of 3 days without pads.

Thursday, Aug. 11, 2011 – First day in pads if started on Aug. 9, 2010.

Tuesday, Aug. 16, 2011 – Earliest possible scrimmage

Wednesday, Aug. 24, 2011 – First Sub-Varsity football game.

Thursday, Aug. 25, 2011 – First Varsity football game.

Post Season Scrimmages - School teams are no longer allowed to hold inter-school scrimmages following the last game of the regular season.

2011 11-Player Playoff Dates

October 28 or Oct. 29 - Pre-Districts

November 4 or 5 – Districts

November 11 or 12 – Regionals

November 19 – Semifinals

November 25-26 – Finals

2011 8-Player Playoff Dates

October 28 or 29 - Regionals

November 4 or 5 – Regional Finals

November 13 - Semifinals

November 19 - Finals

FINAL GAMES --TICKETS

Friday-Saturday, November 25-26, 2011 (All games at Ford Field, Detroit, Michigan): All tickets for Final games will be \$10 per day that will not include the cost of parking in Ford Field lots. The ticket holder will be admitted to all four games that day. Pass-outs, however, will not be given at any time during the day. A separate admission will be required each time an individual enters the stadium. There will be no sale of reserved seats for Final games. [See MHSAA football website for special ticket prices for MHSFCA members.]

11-Player FINAL GAMES – TIMES

FRIDAY, NOV. 25		SATURDAY, NOV. 26	
<u>DIVISION</u>	<u>TIME</u>	<u>DIVISION</u>	<u>TIME</u>
8	10:00 am	7	10:00 am
2	1:00 pm	1	1:00 pm
6	4:30 pm	5	4:30 pm
4	7:30 pm	3	7:30 pm

8-Player Final Site & Time – TBD

18. Football Participation

In Michigan: 661 Schools sponsor football
43,644 Participants

Nationally: 11 Player 14,105 Schools
1,110,527 Participants
8 Player 749 Schools
16,034 Participants

19. Injuries Reported 2010

24 Catastrophic Injuries
5 Fatalities

20. Weather Game Suspensions